

# Hash Brown, Ham, and Cheese Egg Cups



## Ingredients:

20 oz. refrigerated hash browns  
1 1/2 cup grated cheddar cheese  
1 cup cubed ham  
8 eggs  
1 tsp. Salt  
1/2 tsp. fresh ground pepper  
1/4 tsp. garlic powder  
2 tbsp. milk or half & half  
Cooking spray

## Equipment:

Medium-size bowl  
Big spoon  
Muffin tin  
Ice cream scooper  
Measuring cups

## Directions:

Pre-heat oven 350 degrees.

In a medium-size bowl, stir all ingredients together until well blended.

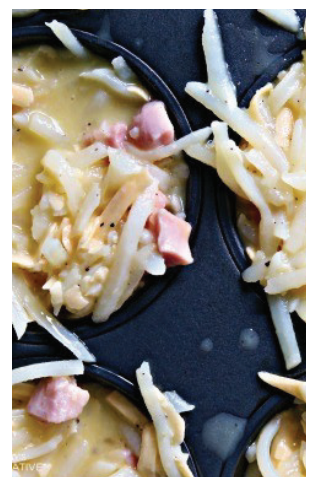
Spray muffin tin with cooking spray

Scoop mixture into each space trying to make sure you get enough of the egg liquids.  
Sprinkle the tips with a little extra cheese.

Place in the oven on the middle rack for about 30 minutes or until golden brown

Let it cool before taking out of the muffin tin.

ENJOY :)



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