

## KnowYour Risk

- During the year of 2018 there were (178) strangulation attempts and injuries reported by victims in the City of Winston-Salem.
- Most victims who experience strangulation or choking may not encounter complications until several days or weeks after the incident has occurred.
- If you are a victim of strangulation, know your risk and seek medical attention immediately.



## SYMPTOMS

- ❖ Neck Pain
- ❖ Jaw Pain
- ❖ Sore Throat
- ❖ Voice Changes
- ❖ Difficulty Breathing
- ❖ Vision Changes
- ❖ Light Headedness
- ❖ Headache
- ❖ Weakness or numbness to arms or legs